

**HEALTH OPTIONS INSTITUTE**  
*Empowering Students for Succeed for over 33 years*  
**(610) 419-3535**

Click here to [receive updates via email](#) on new continuing education courses.

**Continuing Education Calendar**

<b>Shiatsu: Level I</b> 12 weeks, Saturdays Last Class	November 18, 2017 – February 17, 2018 (no class November 25 & December 30) (snow dates February 24, March 10, & 17)	9:30 a.m. – 4:30 p.m. 9:30 a.m. – 1:00 p.m.
<b>Table Thai Yoga Massage: Level I</b> Saturday & Sunday	January 6 & 7, 2018 (snow dates January 20 & 21)	9:00 a.m. – 5:15 p.m.
<b>Applied Use of Flower Essences</b> Thursday	January 11, 2018 (snow date January 25)	7:30 p.m. – 9:30 p.m.
<b>Sports and Therapeutic Techniques</b> 16 weeks, Thursdays	January 11, 2018 – May 10, 2018 (no classes April 19 & May 3) (snow dates May 17 & 24)	9:15 a.m. – 12:45 p.m.
<b>Manual Lymphatic Techniques: Level I</b> Saturday	February 3, 2018 (snow date February 17)	9:00 a.m. – 4:40 p.m.
<b>Modern Massage Cupping</b> Saturday & Sunday	February 3 & 4, 2018 (snow dates February 17 & 18)	9:00 a.m. – 4:40 p.m.
<b>Shiatsu: Level I</b> 12 weeks, Tuesdays Last Class	April 3 – June 19, 2018	9:30 a.m. – 4:30 p.m. 9:30 a.m. – 1:00 p.m.
<b>Shiatsu: Level II</b> 7 weeks, Saturdays 1 week, Saturday	June 2 – August 4, 2018 August 11, 2018 (no class June 9, July 7, & July 28)	9:30 a.m. – 4:30 p.m. 9:30 a.m. – 1:30 p.m.
<b>Shiatsu: Level II</b> 7 weeks, Tuesdays 1 week, Tuesday	July 10 – August 28, 2018 September 11, 2018 (one week off TBS)	9:30 a.m. – 4:30 p.m. 9:30 a.m. – 1:30 p.m.

**Please check back often, as we update this calendar weekly!**

For details and pricing on [Continuing Education Course Descriptions for Massage Therapists](#), click here.  
For details and pricing on [Continuing Education Course Descriptions for Other Licensed Health Care Professionals](#), click here.

Call 610-419-3535 or [Contact Us](#) to request more information.